



# The Meisner Technique Toronto Workshop

According to Sanford Meisner, “acting is living truthfully under imaginary circumstances.” To achieve this aim, Meisner developed a series of repetition exercises based upon Constantin Stanislavsky's method of acting. The Meisner Technique forces an actor to place their entire attention on the other actor, so that they can respond truthfully and spontaneously in the moment.

## THE WORKSHOP:

### **Part One: 6-weeks (twice a week)**

An introduction to the Meisner technique, and a focus on the first two exercises: The repetition exercise and independent activities. Actors will learn to become spontaneous responders and to live truthfully from moment to unanticipated moment with their partners. A strict focus will be placed on getting the attention off yourself and onto your partner. The course will end with partnered short scene work with these first two principles applied.

No pre-requisite Meisner work is needed to take this course.

### **Part Two: TBA**

## THE INSTRUCTOR:

Jason Fraser is a Toronto-based actor, director and instructor with a true passion for the creative process. A graduate of the Neighborhood Playhouse School Theatre in New York, Jason has taught independently throughout North America and at the New School of Drama under the supervision of Tony Pearce. He has been on stage and screen over the past 10 years with the likes of Anne Jackson, Eli Wallach, Kim Hunter, Alvin Epstein, Jane Eastwood and Cedric Smith.

## THE SESSION:

### **START ANYTIME**

Tuesday nights, 6pm–10pm and Sunday nights, 6pm–10pm

\$350 for the Part One 6 week session (twice a week)

ACTRA/EQUITY DISCOUNT 20% That's only \$280

Fraser Studio's 115 Danforth Ave, Toronto

Steps east of Broadview

## CONTACT:

**[www.meisnertoronto.com](http://www.meisnertoronto.com)**